

TRAINING EXERCISE FOR ENSURING MENTORS PARTICIPATION AND DECISION ABOUT PROPOSED ACTIVITIES	
Name of activity:	STOP&GO
Project moment:	Mentor's national training course
Target group:	Mentors - from 10 to 20 participants -
Activity goals:	<ul style="list-style-type: none"> To share previous experiences and new proposals on: mentoring individual and group activities; families involvement; To share methodological common guideline (Part I)
Methodology:	Duration 20' + 20' Individual activity and group discussion.
Resources:	Posters, markers
Description of development:	<p>Three different tables, on each table a big white poster with a clear title such as "Individual activities" – "Group activities" – "Families involvement". Under the title in half space a big STOP and in the other half a big Go.</p> <p>We invite participants to move freely in the room, to stop and write in each of the posters their ideas and experiences. Under the column STOP they should write THE activities that could not work, in their experience, in the column GO they should write what was good or new idea they would like to do with the mentees group.</p> <p>In the first part of the activity participants work on their own. In the second part, the trainer leads a group discussion, to read and comment each poster and to decide together what proposal should be kept and what no.</p>
Recommendations:	During the activity encourage participants in turn around several time in each posters and to interact with what their colleagues wrote before them.