

EXERCISE FOR STORYTELLING AND IDENTIFYING IMPORTANT FACTORS IN ONE'S EDUCATIONAL PATH	
Name of activity:	TIMELINE
Project moment:	Mentor's national training course
Target group:	Mentors – from 5 to 15 participants - Is it possible to do this exercise also with mentees
Activity goals:	<ul style="list-style-type: none"> - To strengthen relation among participants - Group building - To share information about biographical turning point
Methodology:	<p>Active methodology focused on biographical turning point.</p> <p>A long white sheet is set on the wall with just a line drawn on it.</p> <p>Part I: from 5' to 10' maximum - individual</p> <p>Part II: from 10' to 20' max – all together</p> <p>Part III: about 20' – group discussion</p>
Resources:	Timeline on the wall, markers
Description of development:	<p>Part I: from 5' to 10' maximum</p> <p>Each one work on his/her own. Trainer explain that they have to think to their life trajectory and identify special turning point (events, persons, achievements etc.) that bring them to be the person they are now paying special attention to their educational/vocational path.</p> <p>Part II: from 10' to 20' max</p> <p>When each one is ready stand up and write/draw all the turning points in the timeline. Participants can work more than one to the timeline.</p> <p>Part III: about 20'</p> <p>To share the timeline in group, to identify similarities or differences in the turning point, to ask question among participant, to share their own feeling about the activity and the contents that emerged.</p>
Recommendations :	<p>During the discussion try to identify what happen also in a more general scenario. Try to underline how different life trajectories bring participants in the same place and project and how those differences are real resources to be share among the group. Clarify the non judgemental approach on what each participant may share.</p> <p>Handle with care, and asks the group to do the same, critical or sensitive turning point and personal experiences that may emerge.</p>