

GROUP MENTORING

LEARN ABOUT ROMA DISCRIMINATION – ATTEND INTERNATIONAL ROMANI DAY (8 TH OF APRIL) EVENTS	
Author	CARUSEL (Romania)
Project moment	Starting month 1
Target group	Mentors and mentees
Goals	<ul style="list-style-type: none"> - Learn about Roma discrimination - Celebrate Roma culture - Mentees can reflect on their subjective experience as Roma
Methodology	- Mentor selects one or several events taking place during International Romani Day (8 th of April)
Resources	- Tickets if necessary
Description of development	As most of the mentees are very young, this activity gives them an opportunity to reflect on their Roma identity by also learning about the history of discrimination against Roma people.
Recommendations	- It is recommended that the mentor consults with the mentees when selecting an event to attend, in order to find one that is best suited for their age and sensibilities.

CAREER OPPORTUNITIES: MEET A CIVIL SERVANT	
Author	CARUSEL (Romania)
Project moment	Starting month 2, when mentor-mentee relationship is already formed. Centered on career guidance.
Target group	Mentees
Goals	<ul style="list-style-type: none"> - Guide the mentee career by facilitating meetings with professionals at their work place. - Get the mentee acquainted to jobs in public institutions. - As the meeting that inspired this activity was with the civil servant working for the Directorate for Social Work and Child Protection, it is also in line with the Story_S target population as the mentees were provided first hand information on policies for vulnerable groups.
Methodology	<ul style="list-style-type: none"> - Mentor facilitates a meeting with a civil servant. - Civil servant provides first hand information on policies for vulnerable groups and the job responsibilities.
Resources	A set of open questions the mentor uses to facilitate the meeting.
Description of development	- Mentees are acquainted to new job profiles and learn firsthand information about career opportunities.

Recommendations	<ul style="list-style-type: none"> - It is recommended that the mentor asks the mentees prior to the meeting what their knowledge and interests are about that particular job in order to guide the civil servant when talking about their profession. - It is recommended to select jobs that corroborate the objective of Story_S project.
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MENTOR/MENTEE ROLE SWITCH AT A SPORTING EVENT

Author	CARUSEL (Romania)
Project moment	Starting month 2, when mentor-mentee and mentee - mentee relationship is already formed. The mentor and mentees already got to know each other and mentee feels empowered to act as a mentor both in front of the mentor and the other mentee(s).
Target group	Mentors and Mentees
Goals	<ul style="list-style-type: none"> - Empowering mentee to act as mentor therefore reflecting on the importance of mentoring relationship, emphasizing the peer to peer component of mentoring. - Another goal is that the mentee shares insights about his/hers favorite sport (preferably one she/he practiced) therefore a good practical learning opportunity for mentor and mentee.
Methodology	<ul style="list-style-type: none"> - Mentee selects a date when a match of her favorite sport is taking place, when the mentor and other mentee(s) can also participate. - During the match she/he explains the rules, shares information about the teams playing, and also her personal experience with this sport. - If the sport is unknown to the participants, a second match would be a good opportunity for the others to better enjoy the game, once the rules are known.
Resources	Tickets to a match.
Description of development	<ul style="list-style-type: none"> - Positive self evaluation of how mentee felt as a mentor. - Attending a second match or having this activity become a regular one.
Recommendations	It is recommended the sport she/he selects is the one she/he also practiced or it is one who has/had an impact on her personal development. It is also ideal that the mentor and other mentee(s) don't know very much about this sport so that the mentee leading the activity acts as an instructor as well. If this is the case, the mentees and mentor can also attend a second match once they had learned the rules.

EXTRA LESSONS – THROUGH GROUP DYNAMICS	
Author	FAGIC (Spain)
Project moment	After third/fourth month
Target group	Mentees with more difficulties
Goals	To provide extra lessons to mentees with more difficulties in special subjects To come all together and to work together in the common difficulties and to learn how to support each other
Methodology	Choose one subject or one specific theme that is difficult for the majority of the mentees and come together to try to work together to learn all together with the support of each other
Resources	Free space (room)
Description of development	Depending of the topic to work, the mentor prepares an activity in which all mentees have to participate with their knowledge or with their thinking. It's not about knowing the answer or the truth, it's about working and learning all together in a different way to understand the topic. In this way, the learning is more active than only listening to the teacher. Depending on the topic, the activity is being done by the presentation of a video (specific theme) and then the mentees have to explain what they have watched or what do they understand after the video. So a reflection and a discussion is being opened and all mentees can participate. It can also be done through a "Maths problem". The mentor presents the "problem" and all the mentees have to find the solution together in a open class, not working alone. In this way, the mentees also support one another and they encourage each other.

EDUCATIONAL ORIENTATION AND GUIDANCE	
Author	FAGIC (Spain)
Project moment	Month 11 – 12
Target group	Mentees that have passed the access to university exam (+25)
Goals	To orientate and guide the mentees about what to study in the university
Methodology	Group meeting with other Roma students who are already in the university and they are studying (some) a career that a mentee wants to study
Resources	None / Better a place to meet
Description of development	Three out of four mentees who were studying the course to access the university for +25 years old have passed it. The first goal was achieved, but after this it comes a second phase: what to do? What to study? Where? Etc.... After the exam and knowing that they have pass it, many doubts came to the mentees. Some they knew what they wanted to study, but they were not sure, because they have heard that the career is difficult and also that it's hard to find a job after finishing it; other didn't know what to study, etc... So, they were lost and with many doubts. So, the mentor prepared a meeting with other Roma students who are currently studying in the university different careers and they came to explain their experience in the university. They also encourage the mentees to go for what they really want and to follow

	<p>their dreams.</p> <p>The meeting was very successful and they are planning to do a visit to the campus of the university in summer or September before starting.</p>
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GROUP REINFORCEMENT ON SELF ESTEEM

Author	FAGIC (Spain)
Project moment	Since the beginning of the course – September 2018
Target group	Mentees girls who are studying the GESO course
Goals	<p>To reinforce each other and the group</p> <p>To work more on self esteem issues as a group so they can encourage and motivate one another</p>
Methodology	Group meeting and bring together the fears, the dreams, the feelings, etc... about the course and about the future.
Resources	Place to meet
Description of development	<p>The mentees are going together to the GESO course for Roma girls in Bon Pastor. They want the basic education certificate to find a job, but the mentor wants the mentees to continue studying and learn at least a profession, because she knows that with the basic certificate they cannot find a good job. The mentor believes that the effort the mentees are doing now is the biggest one, because to take the decision to start studying again is very hard, so that's why she wants them to continue.</p> <p>So, what the mentor does is to meet the girls all together and to talk about their future dreams, in what they will love to work, which are their fears, feelings, etc... and she tries to motivate them, to feel good and to feel self confident on what they do.</p>

3 TRUTHS AND A LIE

Author	HESED (Bulgaria)
Project moment	Month 1
Target group	Mentors and mentees
Goals	Getting mentors and mentees to know each other
Methodology	Each participants writes down 3 true things about themselves and one thing that is false. Then, they must read each other's facts and guess which one is untrue. The facts are related to something important and personal – such as hobbies, profession, interests, dreams, etc.
Resources	Pens and paper
Description of development	<p>Main goals:</p> <ul style="list-style-type: none"> - Creating a relationship between mentors and mentees through an opportunity to learn more about each other; - Help mentors identify important things to their mentees and center first conversations around those.

Recommendations	Suitable for an initial activity. Even if the participants know each other, it can give them the opportunity to understand more about each other by being invited to share things they expect others do not know.
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BOWLING	
Author	HESED (Bulgaria)
Project moment	Throughout the duration of the program
Target group	Mentors and mentees
Goals	Cohesion
Methodology	This activity was suggested by the mentees and received the most votes for a group activity.
Resources	A bowling hall
Description of development	Organize a fun group activity, which would provide an opportunity for the participants to get to know each other better in a more informal environment and activity. Playing bowling lets them have casual conversations and discuss things they care about.
Recommendations	Plan ahead where the activity will take place - convenient location for all.

BARBAQUE	
Author	HESED (Bulgaria)
Project moment	February
Target group	Mentor and mentees
Goals	Bringing closer
Methodology	Organize an outdoor barbeque with fun games and cooking together.
Resources	Mentors and mentees provide the food (potluck style or through donations), containers, plates, cups and utensils
Description of development	Organizing the barbecues is the primarily the responsibility of the mentees and this activity helps them work on their personal development goals. They also plan the activities – games developing various soft skills. The activity brought the young people closer and helped maintain their motivation to participate in the program.
Recommendations	It is important to chose a suitable weather day and location; everything necessary (see “resources”) beforehand, suitable clothing according to weather forecast, assigned organizational roles – who organizes what, who brings what.

CHARITY BAZAAR	
Author	HESED (Bulgaria)
Project moment	December
Target group	Mentors and mentees
Goals	Group activity with a goal of raising funds
Methodology	Organizing a Holiday charity bazaar aiming to raise money for a cause.
Resources	Meeting space, space and materials for the bazaar
Description of development	The bazaar is initiated by the mentees and organized with the help of mentors. The process of fundraising complements the mentoring program's goal to set and reach personal goals and develop important organizational skills. The goal for the monetary amount was reached.
Recommendations	Put the youth in leading roles during the planning and assist them with the implementation of the activity.